True-North Community Counselling

Deborah Grose-Checkel *CT MICM MDIV CPST CPSP PST-PSE CNPBH(11)*

Association of Counselling Therapy of Alberta, Counselling Therapist #1109
Canadian Association of Spiritual Care - 58645264
Red Deer, AB, Canada 587-877-9237 info@true-northcounselling.com

ON-LINE STATEMENT OF UNDERSTANDING

Date:		**Counsellor:**	Deborah Grose-Checkel	**Activity:**	Counselling Therapy
Client's Name		**City Province**		**Client's Age Parental Consent**	Yes/no

Counsellor Initials

1	Your discussions with your counsellor and records are confidential. Information will not be shared with any party without your written consent. We guarantee the confidentiality of personally identifiable information within your file.	
2	It is understood that Deborah Grose-Checkel CT MICM MDiv CPST CPSP PST-PSE CNPBH(11) does not offer medical, legal, or psychiatric services or the dispensing of drugs or medications. The client agrees to seek such help elsewhere if needed.	
3	There are limited circumstances in which the law requires disclosure or a duty to warn. These include situations such as child protection concerns, threats of violence, or harm to oneself or others, such as files subpoenaed by a court or if you work in a safety-sensitive position.	
4	Counselling sessions will begin with an initial assessment (minimum 2 sessions), including suicidal risk, followed by suggested options for the client's choosing based on their individual circumstance(s) and personal value(s).	
5	Access to your records may be arranged by contacting your counsellor. You will be charged a minimum processing fee of $25 for each 15 minutes of processing time (copying, etc.). All records are the confidential property of True-North Counselling and Therapy.	
6	When specialized services are needed beyond those provided within your counsellor's scope of practice, your counsellor will help you find an alternative and appropriate community resource. Charges for all services of external referrals or resources are your responsibility.	
7	To avoid any conflict of interest, Relationship Counselling may transition only once, from individual to couple or vice versa.	
8	Crisis support is offered 24/7 through various community organizations. Please explore those that you can access close to your location. If you are experiencing a 'crisis,' your first and best point of contact are these community resources; please contact them prior to contacting your counsellor.	
9	We value your satisfaction with our services. Should you have concerns, please speak first with your counsellor to find a resolution. Beyond seeking resolution with your counsellor, you may call 1-587-877-1848 to speak with a manager.	
10	If requested, the full version of this *Verbal Statement of Understanding* can be read to you, or a copy of the document can be provided to you upon request.	

Did the client request a copy of this or the long form of the agreement? Yes/no

I have reviewed this form with the client and given the client the opportunity to ask questions.
The client was read the following statement: **"Do you understand and consent to these terms?"** and responded affirmatively to the question.

Date:		**Signature:**	Deborah Grose-Checkel	**Credentials:**	CT MICM MDIV CPST CPSP PST-PSE CNPBH(11)